

## **General Considerations:**

Keep in mind, colleges are looking for "well rounded" individuals. Music helps in this area.

The Lakota East Band Program is one of the best programs in the state. Last school year, the marching band, symphonic band and symphonic winds all earned superior ratings at the STATE level.

Marching band, although hard work, is extremely rewarding.

Although there are only 7 periods in the Lakota East school day, Marching Band is considered an 8th period class. Marching band does not take up an elective at any time.

## **Lifetime Fitness/Health**

To open up extra periods in the school day, Lifetime Fitness (semester class), Health (semester class), Government (semester class) and Economics (semester class) are offered in the summer. All but Physical Education are also available through correspondence courses.

Lifetime fitness plus one additional physical education are required to fulfill the physical education requirements for a high school diploma. **These courses can be taken at anytime during a student's four years** of high school at Lakota.

While making out a schedule the student needs to know that it is to the student's benefit to take Lifetime Fitness the freshman year or in summer school. (Lifetime fitness is offered in grades 10 - 12 but only one period per day. This can make it difficult to work into a schedule.) The additional physical education class can be worked into the schedule as an elective during grades 10-12 or taken in summer school.

Students are required to take one semester of health. This can be taken as an elective during grades 10-12 or it can be taken as a correspondence course.

## **Government/Economics**

Government and Economics are required for juniors. These courses are frequently offered in summer school. This would allow a semester or two to be opened up for an elective. They are also offered as correspondence courses.

## Keeping Concert Band In Your High School Career

Keep in mind, you can spread out your core classes (required for graduation) over four years. If you don't, you could be left with three or four electives your senior year. If you spread out your core classes, you CAN fit band into your schedule EVERY YEAR!

9th	1	English 9	10th	1	English 10	Double block math 1 English 10
	2	Math		2	Math	2 Math
	3	Science		3	Science	3 Math
	4	U.S. History 9		4	U.S. History 10	4 Science
	5	Foreign language		5	Foreign language	5 U.S. History 10
	6	Band		6	Band	6 Foreign language
	7	Lifetime fitness/elective		7	Elective	7 Band
				*8	Marching Band	*8 Marching Band
11th	1	English 11	12th	1	English	
	2	Math		2	Math	
	3	Science		3	Science	
	4	Govt/Econ		4	Band	
	5	Foreign language		5	Physical ed/health	
	6	Band		6	Elective	
	7	Elective		7	Elective	
	*8	Marching Band		*8	Marching Band	

### Possible Schedules if you take Lifetime Fitness during a Summer Sessions

9th	1	English 9	10th	1	English 10	Double block math 1 English 10
	2	Math		2	Math	2 Math
	3	Biology		3	Science	3 Math
	4	U.S. History 9		4	U.S. History 10	4 Science
	5	Foreign language		5	Foreign language	5 U.S. History 10
	6	Band		6	Band	6 Foreign language
	7	Elective		7	Elective	7 Band
				*8	Marching Band	*8 Marching Band
11th	1	English 11	12th	1	English	
	2	Math		2	Math	
	3	Science		3	Science	
	4	Govt/Econ		4	Band	
	5	Foreign language		5	Physical ed/health	
	6	Band		6	Elective	
	7	Elective		7	Elective	
	*8	Marching Band		*8	Marching Band	

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